



Pray in the Spirit

The Holy Spirit of God lives within each and every redeemed child of God. And the Holy Spirit acts as the constant assurance of our access to our Father's heart.

The Apostle Paul wrote to the Christians in Ephesus, *"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for the Lord's people."* (Ephesians 6:18)

The indwelling Spirit intercedes for us and communicates our words and our feelings according to the will of God. Just like in all worship, the Spirit fills us, is among us, and participates with us as we seek God.

In prayer, the Holy Spirit also empowers and enables us as we pray. Prayer is much more than shouting to heaven in hope that God will hear; prayer is much more than begging God for help in meeting our felt needs. Prayer is the blending of my heart and mind into the heart and mind of God in the intimate conversation of a child and his Father.

Prayer happens because of the presence and power of the Holy Spirit. God Himself, as the Spirit, is praying with us and through us!

Prayer

Father, hear the prayer of conversation I now offer to you with my words. And, Father, please hear the prayer that I offer that is deeper than words and beyond what human language can convey. Thank you for the Holy Spirit who intercedes, empowers, and makes prayer possible. In Jesus' name and through your Spirit, I offer this prayer. Amen.

Scott